



## New River Community Health Center

**Please Join Us– All Are Welcome**

### **The Importance of Diabetes Prevention**

*Tuesday, November 18, 2014 at 1:00 p.m.*  
**Bradford County Public Library**

#### Diabetes Facts:

Diabetes is expected to grow from 14.5% of the population in 2010 to 32.7% in 2050

That's 1 in 7 people with diabetes today.....

And 1 in 3 people with diabetes by 2050

Florida 3rd hardest hit by diabetes

Together, we can turn the tide on the diabetes Epidemic!

### **In This Program You Will Learn:**

- ♥ Diabetes Self - Management Education
- ♥ What tests do I need ?
- ♥ Develop self-care behaviors and problem solving skills
- ♥ Active collaboration with the health care team
- ♥ Improve quality of life

For more information on the program call (904) 964-7732